

Vertigo & Headaches

"From a young age I suffered from vertigo. Prescription medications did nothing to alleviate my symptoms of dizziness and nausea (motion sickness). I even tried sitting up while sleeping (my doctor's advice) but my symptoms still occurred.



"Finally, I came upon Magi-Herbs' website and discovered Lucid-Head. I consulted with my doctor who told me it was fine to take; it's all-natural and safe. After experiencing an episode of vertigo, I immediately took two capsules of Lucid-Head and then repeated the dosage at night, which to my amazement, gave me relief in a very short time. I decided to take one capsule in the morning and one capsule at night every day. It has been several years taking Lucid-Head and now at the age of 56, I have never felt better! Lucid-Head is a wonderful product."
—Barbara G. (Last name withheld to protect privacy)

TCM herbal formulas have a strong record for helping people with clots or toxin-induced symptoms, either in the blood or in the brain. Consumers, retailers and health professionals, please call 800-421-3254 or visit www.magih herbs.com for a store location or distributor information.



Be sure to visit www.magih herbs.com/esoftt1.html to download free sample chapters of *Foundations of Traditional Chinese*

Medicine, a new book by Michael Kang, president of PCK Technologies, Inc.

Headaches are very common, often with unknown cause, and are difficult to treat. For instance: Migraine is a serious health and disability problem that affects approximately 32 million Americans, most of whom are women, with up to 38 million America having a genetic propensity towards them. There is no known cure for the migraine, only treatments for the symptoms. Headache symptoms are usually treated by painkillers, which sometimes may not be effective, and may have some side effects. (Infection or disease-induced headaches are often cured by treating the source problems.)

Vertigo is a feeling of spinning, whirling, or movement and dizziness occurring simultaneously. Vertigo may indicate an inner-ear balance disorder.

LUCID-HEAD—CLEANS CLOTS IN THE BRAIN

Clot-induced early symptoms of nervous system disorders in the head/brain, including pain, dizziness, blurriness, forgetfulness, etc. (but without infections or other diseases), may be caused by: 1) High blood pressure. Sometimes, when blood pressure reaches extreme levels, one may experience headaches, blurry or double vision, abdominal or chest pain, shortness of breath, and dizziness. 2) Dizziness. This includes light-headedness and feeling faint or vertigo. 3) Deterioration of mental ability due to aging, or blockage or leakage of blood vessels, which may include pre- or post-stroke, early Parkinson's or Alzheimer's conditions. 4) Pain. The

most common headaches are tension, migraine and cluster headaches, and can be caused by a serotonin imbalance of unknown origins. In TCM (Traditional Chinese Medicine), these symptoms indicate that blood clots or mucus have hindered microcirculation, or toxins due to biological or chemical sources that may have blocked blood vessels in the head. Aging or stress (due to mood or hormonal changes) may have destabilized the nervous system. Lucid-Head is a 100 percent natural formula

based on time-proven decoctions of TCM to relieve the above symptoms by cleaning the toxins, mucus, and clots, improving blood microcirculation, and quelling the nervous system, in the early stage of occurrence. Lucid-Head has no known side effects.

MAIN INGREDIENTS: Lucid-Head consists of 39 natural herbs, detailed at www.magih herbs.com. The natural herbs work synergistically to dissolve the clots in the head and brain, stabilize the nervous system and improve Qi and the vascular system, thus relieving the above symptoms.

SUGGESTED DOSAGES: To relieve symptoms, take two capsules before every meal. The time lapse to feel its effectiveness varies depending on an individual's conditions; usually after taking Lucid-Head for only 15 to 20 days, the symptoms are much relieved or gone. If after two to three bottles symptoms have not improved, Lucid-Head may not be suitable for the user. When no symptoms are observed, one can take one to three capsules daily as a supplement to improve the brain and neurological system health. Do not take Lucid-Head in high fever, infections, low blood pressure, or with acute diseases. Consult your health care provider before beginning any nutritional supplement program. However, when headaches or fainting are associated with or caused by anemia or low blood pressure, Lucid-Head is not suitable. In these special cases, simultaneous use of Hema-Recover, described below, may be necessary and helpful. n

Hema-Recover—Cleans Toxins in the Blood

Toxins in the blood may be the result of radiation/chemotherapy from cancer treatment; injuries due to high irradiation from electromagnetic fields (cellular phones, computer usage), ultraviolet or cosmic rays; overexposure to radioactive materials; contamination from household chemicals, preservatives, pesticides, toxic industrial or city (automobile) dusts, or even dirty bombs; or several types of acquired or induced immunologic deficiencies. Symptoms of toxins in the blood may include hemato-

logic disorders, such as serious anemia, internal bleeding, inflammation as low fever, dehydration, or dryness, digestive problems like vomiting, and nervous system symptoms like fatigue, dizziness and headache.

It is difficult to relieve these symptoms with common iron pills or other over-the-counter products. Hema-Recover is a 100 percent herbal formula, based on Chinese decoctions proven effective to relieve these symptoms without side effects. n

